# Support Services Menu

A comprehensive suite of lifestyle services designed specifically for you.





### **Everyday Living Support**

	Household Management	environment upkeep - keeping your space as you like it.
ರೆ	Meals and Nutrition	Expert nutrition planning, supplement oversight and ongoing dietitian collaboration to support vitality and culinary enjoyment.

Housekeeping, laundry, organisation and

## Independence Support

°	Personal Support	Tailored assistance with bathing, dressing and movement - managed with discretion and exacting care.
್ಷ	Curated Companionship	Personalised companionship, thoughtfully matched to your lifestyle and interest.
హీ	Social Engagement	Privately organised cultural experiences, events and lifestyle activations designed to keep you connected.
	Private Transportation	Door-to-door transport for appointments, shopping or leisure - arranged to your schedule.

#### Clinical & Wellness Support

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0	Personalised Wellness	Combines fitness, health monitoring and wellbeing strategies built around your goals and lifestyle.
	Medical Coordination	Discreet oversight of all healthcare touchpoints: appointments, medication, nursing and personalised care planning.
ŝ	Mobility Support	Expert therapists deliver tailored movement and mobility support, including strength and balance.

#### Short-Term, Targeted Care

*	Home Modifications	Consultation and coordination of home modifications (e.g., ramps, rails, ergonomic adjustments) to enhance safety at home.
		Targeted short-term allied health interventions

Restorative Support

Targeted, short-term allied health interventions to rebuild capability – structured to restore independence and confidence.





#### Discover a new level of comfort

Schedule your private consultation today and experience firsthand the ease of accessing home care services with Aveo.

1300 386 158 | aveo.com.au/wellness-concierge

